

# Newsletter.

SEPTEMBER 2026

## Why September Is the Perfect Time to Start

*Think of September as your holiday-prep starting line.*

Body contouring isn't something you can rush. Your body needs time to respond, recover, and continue processing after each treatment.

The best results come from consistency. Completing a series of treatments, tracking your progress, and making small adjustments along the way is what helps you achieve real, visible results.

Starting now gives you the time you need to build, refine, and step into the holiday season feeling confident, comfortable, and ready to enjoy every moment—not rushed at the last minute.

**Your future self will thank you!**



### YOUR HOLIDAY-READY TIMELINE



**September**

**START**

Begin your treatments and set your goals. This is your starting line!



**October**

**BUILD**

Your body responds to treatments. Results begin to show.



**November**

**REFINE**

We fine-tune your plan to enhance your results and keep you on track.



**December**

**SHINE**

Enjoy your confidence and celebrate feeling your absolute best!

## 5 Things That Can Make You Look & Feel Puffier



**1 Dehydration** — Your body may hold onto fluid when you aren't drinking enough.



**2 Sitting too long** — Movement helps support healthy circulation.



**3 High-sodium meals** — Hello, weekend restaurant food!



**4 Travel** — Long car rides and flights can leave you feeling swollen and heavy.



**5 Hormonal changes** — Temporary fluid retention can make your body look and feel different even when your actual body composition hasn't changed.



*Before you panic over the scale, remember: not every overnight change is fat.*

### SEPTEMBER SPECIAL

**REPÊCHAGE®**  
BEAUTY FROM THE SEA®

CHOOSE ANY REPÊCHAGE  
SPECIALTY FACIAL

**\$190**

Regularly \$250

CHOOSE YOUR FACIAL:

- Four Layer Facial
- Red-Out Facial
- Triple Action Lift Peptide Cryo Facial
- Vita Cura 5 Phase Firming Facial

# ENDOSPHERES THERAPY

## More Than a Cellulite Treatment

Endosphères uses **Compressive Microvibration®**, a rhythmic combination of pressure and vibration delivered through a roller made up of rotating silicone spheres. As the device moves across the body, it works on the skin and underlying tissue while supporting circulation and lymphatic flow.

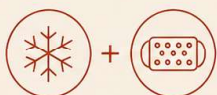
WHILE IT'S WELL KNOWN FOR HELPING IMPROVE THE APPEARANCE OF CELLULITE, THAT'S ONLY PART OF THE STORY. ENDOSPHERES CAN ALSO HELP:

- ✓ Improve the appearance of skin texture and firmness
- ✓ Support lymphatic drainage and circulation
- ✓ Reduce the feeling of puffiness and fluid retention
- ✓ Help tired, heavy legs feel lighter and refreshed
- ✓ Complement body-contouring treatments by addressing tissue quality and skin appearance



### THE BEST PART?

*It feels more like a deep, rhythmic massage than a body-contouring treatment.*



### A PERFECT PARTNER TO CRYO

*Cryo helps us address shape. Endosphères helps us address the tissue.*

When appropriate, combining the two allows us to work toward a smoother, more refined overall result rather than focusing on just one concern.

FEEL LIGHTER. | LOOK SMOOTHER. | MOVE BETTER.

## CLIENT Spotlight



Absolutely love my experience with Contour Body Imaging! I'm really happy with the results I'm getting, and I can definitely **see that it works.**

♥ **The staff is amazing**—they take such good care of me, are very attentive, and always make me **feel comfortable and well taken care of.** I highly recommend their services! ✨



Monica

## WE'RE THRILLED TO ANNOUNCE Our New Dallas/Plano Location is Open!

### A NEW LOCATION. THE SAME CBI EXPERIENCE.

While our Dallas/Plano location isn't down the street, we're incredibly proud to bring the same exceptional care, advanced technology, and results-driven approach to the DFW area.

For our clients in The Woodlands, this means peace of mind knowing your friends and family in Dallas/Plano now have access to the trusted CBI experience you love.

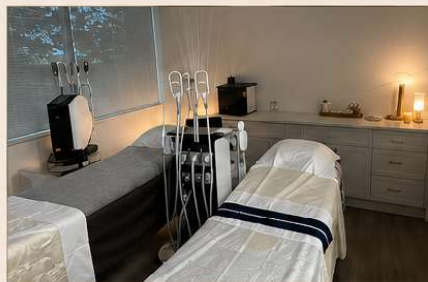


### REFER A FRIEND OR FAMILY MEMBER!

When someone you refer books and purchases a package at our Dallas/Plano location, you'll receive a **referral credit**—our way of saying thank you!

### Why it matters:

- ✦ Your loved ones get life-changing results.
- ✦ You get rewarded for sharing something you believe in.
- ✦ Everyone wins!



### WHAT YOU CAN EXPECT—NO MATTER WHICH LOCATION YOU VISIT



**PERSONALIZED CARE**  
You're never just a number. We take the time to understand you and your goals.



**ADVANCED TECHNOLOGY**  
We invest in the latest innovations so you get faster, safer and more effective results.



**RESULTS FOCUSED**  
Your progress is our top priority. We track, adjust and celebrate every win with you.



**TWO CONVENIENT LOCATIONS**

The Woodlands & Dallas/Plano—same standards, same commitment to you.

*Thank you for being part of our CBI family. We can't wait to help even more people feel confident, look amazing and love their results! ♥*

*Two Locations. One Standard of Excellence. The Woodlands & Dallas/Plano*

CONTOUR BODY IMAGING  
CRYO SLIMMING & WELLNESS SPA



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